

How many people are worshipping in this picture?

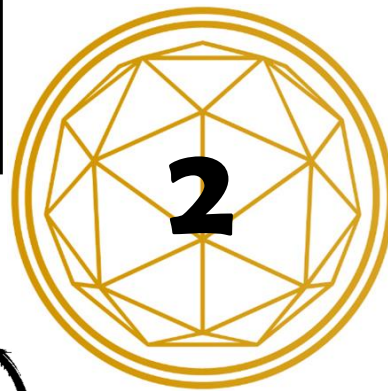
Find a worship song that you enjoy and use it to spend the time worshipping Jesus and telling him how much you love him!

SPIRITUAL

Lo [] th e L [] d y ou [] od
wi [] al [] ou r h [] rt, so []
an [] in d. Ma [] 22: [] 37

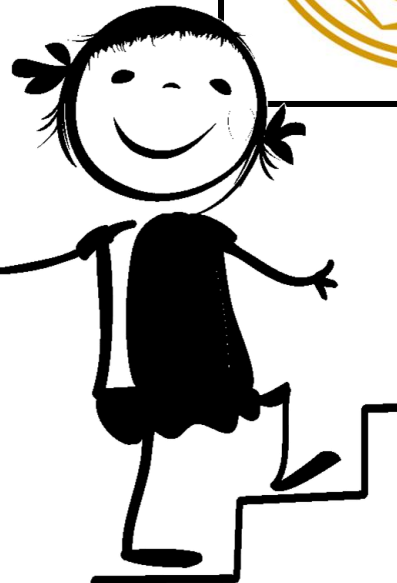
This verse has been cut up in the wrong places. Can you work out the 2 missing letters in each blank box and put them back in?

MENTAL



Step both feet up and down from the bottom stair of your house (or a step outside) as many times as you can in 1 minute. How many did you do?

PHYSICAL

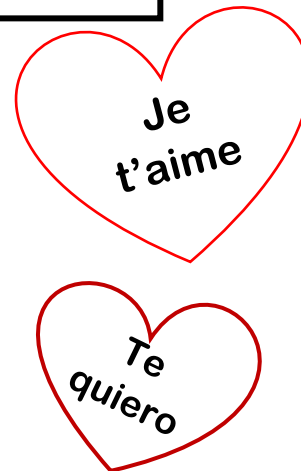


Straight away, take your pulse (on the the inside of your wrist)

You can feel your heart responding to exercise.

Love is a heart response. How does it respond to love?

SKILL



Learn to say "I love you" in 5 different languages!

But do you know which countries they are from?

Challenge sheet ©
Deb Nurse March '21