

Build a bridge just using paper and glue or Sellotape. It can be any size, shape or colour that you choose.

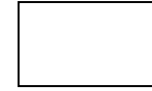
It must be strong enough in the middle to hold at least 1 £1 coin. A bridge is a good picture of us connecting with others.



GodFirst Kids

**SKILL**

How many jumps with a skipping rope can you do in 2 minutes? – It's hard!

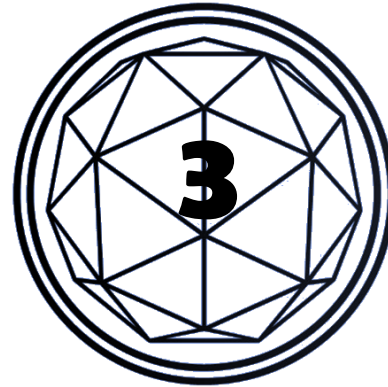


Can you also keep quiet for 2 minutes when someone says or does something unkind to you? That's hard too!



**PHYSICAL**

Challenge sheet ©  
Deb Nurse March '21



Read what Jesus said, then Unscramble the muddled up words.

**MENTAL**

Often God's rules are the opposite of what the world does, and don't seem to make sense.

“But to you who are gninetsil I say: vole your seimene, do doog to oseth who ehat you, lesbs theso who urces you, rapy for those who taertsim you.” Luke 6:27-28

**SPIRITUAL**

Help them do well in sport.

Think of someone that you find difficult to be friends with, perhaps because of how they behave towards you. Every day this week, pray for God to bless them. Think of 5 things you can ask God to do for them. Here are some ideas.

Give them everything they need.

Help them make good choices.

Give them good friends.

Keep them healthy.

Bring peace to their family.

Give them rewards at school.

Help them with their feelings.

Bless their home.

Make them good at schoolwork.