Decorate the shield with things that remind you of your faith
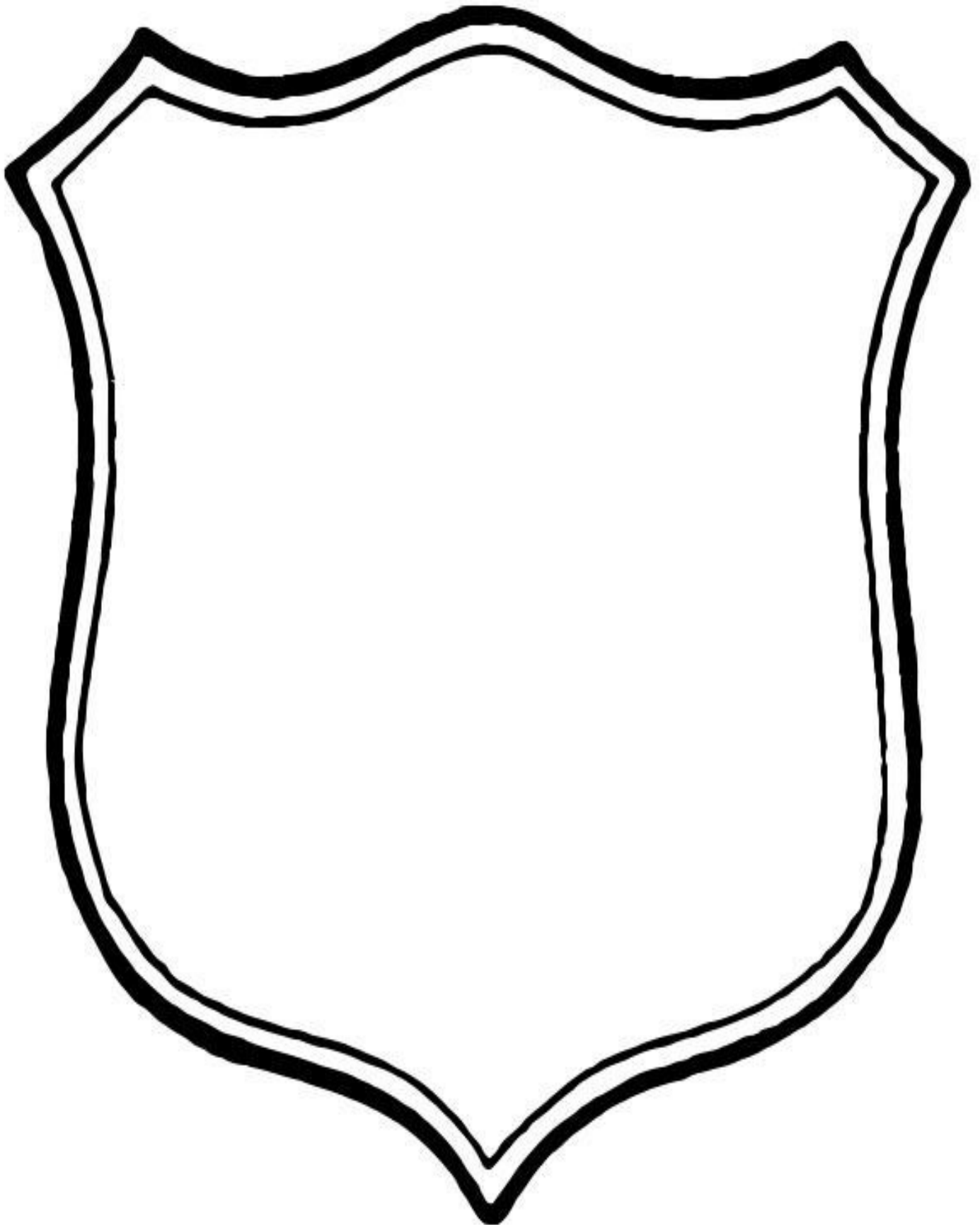
Faith means being sure of the things we hope for. And faith means knowing that something is real even if we do not see it.

Hebrews 11 v 1 (ICB)